

QUICK FACTS

-  **Capital:** Montgomery
-  **Largest City:** Birmingham
-  **Nickname:** The Heart of Dixie
-  **State Bird:** Northern Flicker
-  **State Flower:** Camellia
-  **State Tree:** Longleaf Pine
-  **State Fruit:** Blackberry
-  **State Insect:** Monarch Butterfly

ALABAMA

The Heart of Dixie



STATE FLAG



Did you know?

Alabama is one of the largest producers of cotton in the United States!



FIND ALABAMA

Can you locate Alabama on the map?



Neighboring States:

- Tennessee
- Georgia
- Florida
- Mississippi



Bonus: Alabama has a coastline! Can you find the Gulf of Mexico?



WHAT MAKES ALABAMA SPECIAL?

FAMOUS FOR:

-  Cotton
-  Automotive Industry
-  Music (Home of Southern Rock)
-  U.S. Space & Rocket Center
-  Beautiful Beaches on the Gulf Coast

FAMOUS PLACES:



U.S. Space & Rocket Center (Huntsville)



Edmund Pettus Bridge (Selma)



Gulf Shores Beaches

NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



White-tailed Deer



American Alligator



Bobcat



Northern Cardinal

TREES & PLANTS:



Longleaf Pine



Southern Magnolia



Camellia Flowers



Blackberry Bush

HANDS-ON ACTIVITY

Make a Cotton Field Sensory Bin



Materials:

- Dried beans or rice
- Cotton balls
- Small toy tractors
- Sticks or straws

Challenge:

Can you harvest the cotton and load it onto the tractor?

STEM CHALLENGE

Can you build a rocket that can launch?

Materials:

- Paper towel tube
- Construction paper
- Tape
- Straw
- Scissors

Test your rocket and see how far it can go!



Measure how far your rocket travels!

CHALLENGE QUESTIONS

- 1 What is Alabama's nickname? _____
- 2 What is the capital city of Alabama? _____
- 3 What body of water borders Alabama to the south? _____
- 4 What is Alabama's state flower? _____
- 5 What industry is Alabama famous for? _____

CREATIVE PROMPT

Imagine you are visiting Alabama for one week. Draw some of the things you would like to see or do!



BONUS: Keep learning! Read together about the Civil Rights Movement in Selma, explore space at Huntsville, and enjoy Alabama's beautiful beaches!

QUICK FACTS

-  **Capital:** Phoenix
-  **Largest City:** Phoenix
-  **Nickname:** The Grand Canyon State
-  **State Bird:** Cactus Wren
-  **State Flower:** Saguaro Cactus Blossom
-  **State Tree:** Blue Palo Verde
-  **State Fruit:** Prickly Pear Cactus
-  **State Gem:** Turquoise
-  **State Insect:** Tarantula Hawk Wasp
-  **State Reptile:** Arizona Ridge-nosed Rattlesnake

ARIZONA

The Grand Canyon State



STATE FLAG



Did you know?

Arizona was the 48th state to join the United States on February 14, 1912.

FIND ARIZONA

Can you locate Arizona on the map?



Neighboring States:

- Nevada
- Utah
- Colorado
- New Mexico
- California



Bonus: Arizona is home to the world-famous Grand Canyon—one of the Seven Natural Wonders of the World!

WHAT MAKES ARIZONA SPECIAL?

FAMOUS FOR:

-  The Grand Canyon
-  Beautiful Sunsets
-  Navajo and Pueblo Cultures
-  Spring Training Baseball
-  Route 66
-  The Copper State

FAMOUS PLACES:



Grand Canyon National Park Sedona Red Rocks Saguaro National Park

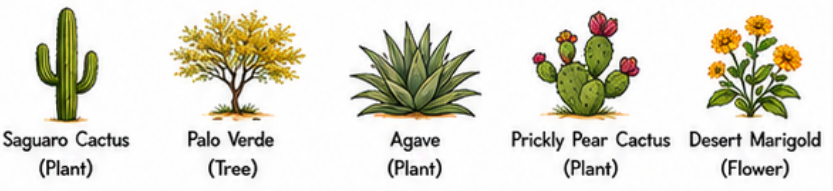
NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



Mule Deer Javelina (Peccary) Coyote Desert Tortoise Gila Monster

TREES & PLANTS:



Saguaro Cactus (Plant) Palo Verde (Tree) Agave (Plant) Prickly Pear Cactus (Plant) Desert Marigold (Flower)

HANDS-ON ACTIVITY

Create a Mini Desert in a Jar!

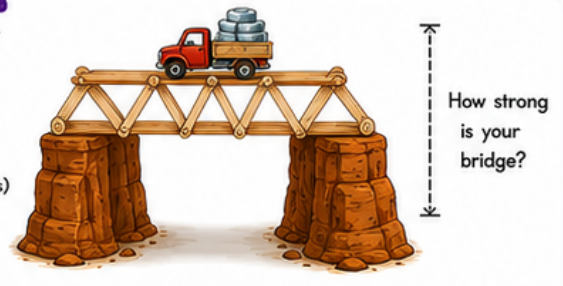


- Materials:**
- Clear jar
 - Sand
 - Small rocks
 - Tiny desert plants or cacti
 - Mini animal figures (optional)
- Challenge:**
Can you design a desert ecosystem? What animals might live there?

STEM CHALLENGE

Can you build a strong bridge that can span a "canyon"?

- Materials:**
- Craft sticks or straws
 - Tape or glue
 - Cardboard
 - Small weights (coins or blocks)
- Challenge:**
Build a bridge that is at least 30 cm (about a ruler's length) long and holds the most weight!



How strong is your bridge?

CHALLENGE QUESTIONS

- 1 What is Arizona's nickname?
- 2 What is the capital of Arizona?
- 3 Which states border Arizona?
- 4 What is the state flower of Arizona?
- 5 Name one famous place to visit in Arizona!

CREATIVE PROMPT

Imagine you are visiting Arizona for one week. Draw some of the things you would like to see or do!



BONUS: Keep learning! Visit Petrified Forest National Park, explore Indigenous history at Montezuma Castle, and enjoy the beauty of Arizona's deserts!



QUICK FACTS

-  Capital: Little Rock
-  Largest City: Little Rock
-  Nickname: The Natural State
-  State Bird: Northern Mockingbird
-  State Flower: Apple Blossom
-  State Tree: Loblolly Pine
-  State Fruit: Black Apple
-  State Gem: Diamond
-  State Insect: Honey Bee



ARKANSAS

The Natural State



STATE FLAG



Did you know?

Arkansas was the 25th state to join the United States on June 15, 1836.

FIND ARKANSAS

Can you locate Arkansas on the map?



Neighboring States:

- Missouri
- Tennessee
- Mississippi
- Louisiana
- Oklahoma
- Texas



Bonus: Arkansas is home to more than 600,000 miles of rivers and streams – more than any other state!

WHAT MAKES ARKANSAS SPECIAL?

FAMOUS FOR:

-  The birthplace of Johnny Cash
-  The only place in the world where diamonds are found in a state park (Crater of Diamonds)
-  Natural Hot Springs
-  Passion for college football (Woo Pig Soobie!)
-  Delicious Southern cooking!

FAMOUS PLACES:



Blanchard Springs Caverns



Old State House Museum (Little Rock)



Buffalo National River

NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



White-tailed Deer



Black Bear



Rainbow Trout



Bald Eagle



Timber Rattlesnake

TREES & PLANTS:



Loblolly Pine (Tree)



Apple Blossom (Flower)



Oak (Tree)



Goldenrod (Plant)



Black Apple (Fruit)

HANDS-ON ACTIVITY

Make a Diamond Discovery Jar!



Materials:

- Small jar with lid
- Sand
- Water
- Small rocks or pebbles
- Spoon or stick

Challenge:

Can you "mine" your own diamonds just like in Crater of Diamonds State Park?

STEM CHALLENGE

Can you build a bridge strong enough to hold a toy truck?

Materials:

- Craft sticks or straws
- Tape or glue
- Blocks or cups
- Toy truck

Challenge:

Build a bridge that is at least 30 cm (about a ruler's length) long and holds the truck!



How long is your bridge?

CHALLENGE QUESTIONS

- 1 What is Arkansas's nickname? _____
- 2 What is the capital of Arkansas? _____
- 3 Which river forms part of Arkansas's northern border? _____
- 4 What is special about Crater of Diamonds State Park? _____
- 5 Name one famous musician from Arkansas. _____

CREATIVE PROMPT

Imagine you are visiting Arkansas for one week. Draw some of the things you would like to see or do!



BONUS: Keep learning! Visit Hot Springs National Park, explore the Buffalo National River, and enjoy the beauty of The Natural State!



QUICK FACTS

-  Capital: Sacramento
-  Largest City: Los Angeles
-  Nickname: The Golden State
-  State Bird: California Quail
-  State Flower: California Poppy
-  State Tree: Coast Redwood
-  State Fruit: Avocado
-  State Gem: Benitoite
-  State Insect: Dogface Butterfly
-  State Marine Animal: Garibaldi (Bright orange fish)
-  State Reptile: Western Pond Turtle
-  State Sport: Surfing



CALIFORNIA

The Golden State



STATE FLAG



Did you know?

California was the 31st state to join the United States on September 9, 1850.

FIND CALIFORNIA

Can you locate California on the map?



Neighboring States:

- Oregon
- Nevada
- Arizona



Bonus: California is home to Yosemite National Park—famous for its giant granite cliffs and waterfalls!



WHAT MAKES CALIFORNIA SPECIAL?

FAMOUS FOR:

-  Hollywood & the Film Industry
-  Silicon Valley & Technology
-  Napa Valley Wine
-  The Gold Rush (1848)
-  Diverse Culture & Amazing Food
-  Beautiful Beaches
-  Yosemite National Park

FAMOUS PLACES:



Golden Gate Bridge (San Francisco) Disneyland (Anaheim) Yosemite National Park Santa Monica Pier (Los Angeles)

NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



TREES & PLANTS:



HANDS-ON ACTIVITY

Make a California Poppy Paper Flower!



Materials:

- Orange paper
- Green paper
- Scissors
- Glue
- Pencil

Challenge:

Can you make a whole bouquet of California poppies?

STEM CHALLENGE

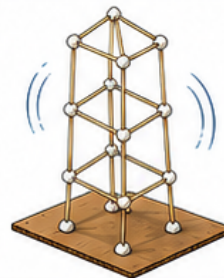
Can you build an earthquake-resistant skyscraper?

Materials:

- Toothpicks or straws
- Mini marshmallows or clay
- Cardboard base

Challenge:

Build the tallest structure that can stand up during a "shake test" without falling!



CHALLENGE QUESTIONS

- 1 What is California's nickname?
- 2 What is the capital of California?
- 3 Which ocean borders California to the west?
- 4 What is the state flower of California?
- 5 Name one famous national park in California!



CREATIVE PROMPT

Imagine you are visiting California for one week. Draw some of the things you would like to see or do!

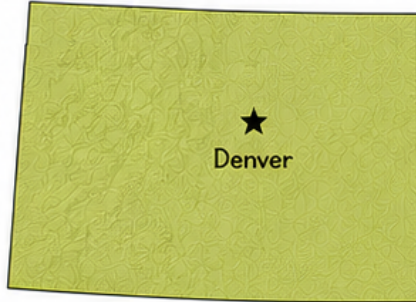


BONUS: Keep learning! Visit California's amazing places—Yosemite, Redwood National Park, Lake Tahoe, and the beaches! There's always something new to explore!

QUICK FACTS

-  Capital: Denver
-  Largest City: Denver
-  Nickname: The Centennial State
-  State Bird: Lark Bunting
-  State Flower: Rocky Mountain Columbine
-  State Tree: Colorado Blue Spruce
-  State Animal: Bighorn Sheep
-  State Sport: Skiing
-  State Gem: Aquamarine
-  State Insect: Honey Bee

COLORADO



STATE FLAG



Did you know?

Colorado was the 38th state to join the United States on August 1, 1876—exactly 100 years after the Declaration of Independence!

FIND COLORADO

Can you locate Colorado on the map?



Neighboring States:

- Wyoming
- Nebraska
- Kansas
- Oklahoma
- New Mexico
- Utah



Bonus: Colorado has more than 300 days of sunshine each year—more than any other state!



WHAT MAKES COLORADO SPECIAL?

FAMOUS FOR:

-  Rocky Mountains
-  Ski Resorts
-  Red Rocks Amphitheatre
-  Craft Beer & Breweries
-  The Great Sand Dunes National Park
-  High Altitude ("Mile High State")

FAMOUS PLACES:



NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



TREES & PLANTS:



HANDS-ON ACTIVITY

Make a Mini Mountain in a Box!



Materials:

- Shoebox or box
- Paper or paint
- Small rocks
- Toy animals or trees
- Cotton balls (clouds)

Challenge:

Can you create a mountain scene that shows Colorado's beautiful outdoors?

STEM CHALLENGE

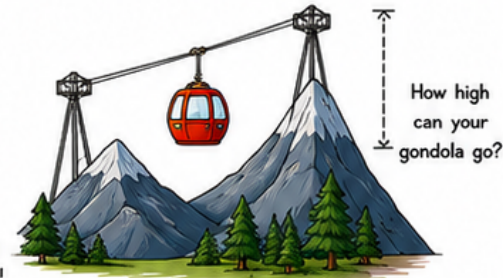
Can you build a gondola (cable car) that can move up and down?

Materials:

- String or yarn
- Small cup or box
- Tape
- Straw or stick
- Paper

Challenge:

Build a gondola that can carry a small load up and down a "mountain" safely!



CHALLENGE QUESTIONS

- 1 What is Colorado's nickname?
- 2 What is the capital of Colorado?
- 3 Which state borders Colorado to the south?
- 4 What sport is Colorado famous for in the winter?
- 5 What is the state flower of Colorado?



CREATIVE PROMPT

Imagine you are visiting Colorado for one week. Draw some of the things you would like to see or do!



BONUS: Keep learning! Visit Rocky Mountain National Park, explore Mesa Verde National Park, and discover the amazing outdoors in Colorado!



QUICK FACTS

-  **Capital:** Dover
-  **Largest City:** Wilmington
-  **Nickname:** The First State
-  **State Bird:** Blue Hen
-  **State Flower:** Peach Blossom
-  **State Tree:** American Holly
-  **State Fruit:** Strawberry
-  **State Insect:** Ladybug



DELAWARE

The First State



STATE FLAG



DECEMBER 7, 1787

Did you know?

Delaware was the first state to ratify the U.S. Constitution on December 7, 1787!



FIND DELAWARE

Can you locate Delaware on the map?



Neighboring States:

- Pennsylvania
- New Jersey
- Maryland
- Virginia



Bonus: Delaware is known for its beautiful beaches along the Atlantic Ocean and Delaware Bay.



WHAT MAKES DELAWARE SPECIAL?

FAMOUS FOR:

-  No Sales Tax on Most Items
-  Chemical Industry Leader
-  Dover International Speedway
-  Beautiful Beaches
-  Famous Scrapple (a tasty breakfast food!)

FAMOUS PLACES:



Rehoboth Beach



Winterthur Museum, Garden & Library



Wilmington Riverfront

NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



White-tailed Deer



Red Fox



Great Blue Heron



Raccoon



Horseshoe Crab

TREES & PLANTS:



American Holly (Tree)



Peach Blossom (Flower)



Red Maple (Tree)



Seaside Goldenrod (Plant)



Coastal Plain Sunflower (Flower)

HANDS-ON ACTIVITY

Make a Beach in a Bottle!



Materials:

- Small plastic bottle
- Sand
- Small shells or pebbles
- Blue water or beads
- Small sea animals

Challenge:

Can you create your own beach scene?

STEM CHALLENGE

Can you build a bridge strong enough to hold a toy car?

Materials:

- Craft sticks or straws
- Tape or glue
- Blocks or cups
- Toy car

Challenge:

Build a bridge that is at least 30 cm (about a ruler's length) long and holds the car!



How long is your bridge?

CHALLENGE QUESTIONS

- 1 What is Delaware's nickname? _____
- 2 What is the capital of Delaware? _____
- 3 Which state bird represents Delaware? _____
- 4 What was Delaware the first state to do? _____
- 5 Name one famous place to visit in Delaware! _____

CREATIVE PROMPT









Imagine you are visiting Delaware for one week. Draw some of the things you would like to see or do!



BONUS: Keep learning! Visit Delaware's beautiful beaches, explore history in Dover, and enjoy the outdoors!



QUICK FACTS

-  **Capital:** Tallahassee
-  **Largest City:** Jacksonville
-  **Nickname:** The Sunshine State
-  **State Bird:** Northern Mockingbird
-  **State Flower:** Orange Blossom
-  **State Tree:** Sabal Palm
-  **State Fruit:** Orange
-  **State Insect:** Zebra Longwing Butterfly



STATE FLAG



Did you know?

Florida is one of the flattest states in the U.S. and has more than 1,300 miles of coastline!



FIND FLORIDA

Can you locate Florida on the map?



Neighboring States:


- Georgia
- Alabama
- Gulf of Mexico
- Atlantic Ocean



Bonus: Florida is almost an island! Can you find the Gulf of Mexico and the Atlantic Ocean?

WHAT MAKES FLORIDA SPECIAL?

FAMOUS FOR:

-  Beautiful Beaches
-  Theme Parks
-  Oranges & Citrus
-  NASA Launches
-  Everglades National Park

FAMOUS PLACES:



Walt Disney World Resort (Orlando)



Miami South Beach



Kennedy Space Center (Merritt Island)

NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



Manatee



American Alligator



Dolphin



Florida Panther



Sea Turtle

TREES & PLANTS:



Sabal Palm



Pine Tree



Orange Blossom



Sea Oats



Mangrove

HANDS-ON ACTIVITY

Create an Ocean Sensory Bin



Materials:

- Blue rice or water beads
- Seashells
- Toy sea animals
- Sand
- Small container

Challenge:

Can you build a beach and ocean habitat for the sea animals?

STEM CHALLENGE

Can you build a lighthouse that stands tall?

Materials:

- Cardboard tube
- Blocks or cups
- Construction paper
- Tape
- Scissors

Test your lighthouse by seeing if it can stay standing on "rocky" waves (crumpled paper)!



How tall can you build your lighthouse?

CHALLENGE QUESTIONS

- 1 What is Florida's nickname? _____
- 2 What is the capital city of Florida? _____
- 3 What ocean borders Florida on the east? _____
- 4 What fruit is Florida famous for? _____
- 5 Name one famous place in Florida. _____

CREATIVE PROMPT

Imagine you are visiting Florida for one week. Draw some of the things you would like to see or do!



BONUS: Keep learning! Read about the Everglades, the importance of mangroves, and how astronauts launch rockets from Florida!

QUICK FACTS

- ★ Capital: Atlanta
- 🏙️ Largest City: Atlanta
- 🍑 Nickname: The Peach State
- 🐦 State Bird: Brown Thrasher
- 🌸 State Flower: Cherokee Rose
- 🌳 State Tree: Live Oak
- 🍑 State Fruit: Peach
- 🐝 State Insect: Honey Bee

GEORGIA

The Peach State



STATE FLAG



Did you know?

Georgia is called the Peach State, but it actually grows more peanuts than peaches!



FIND GEORGIA

Can you locate Georgia on the map?



- Florida
- Alabama
- Tennessee
- North Carolina
- South Carolina



Bonus: Georgia is on the coast! Can you find the Atlantic Ocean?

WHAT MAKES GEORGIA SPECIAL?

FAMOUS FOR:

- 🍑 Peaches
- 🥜 Peanuts
- 🎬 Movie & TV Production
- 🌳 Beautiful Forests
- 🏙️ Atlanta, one of the largest cities in the Southeast

FAMOUS PLACES:



Georgia Aquarium (Atlanta)



Stone Mountain (Park)



Savannah (Historic City)

NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



White-tailed Deer



American Alligator



Red Fox



Eastern Box Turtle

TREES & PLANTS:



Live Oak Trees



Pine Trees



Dogwood Trees



Cherokee Rose Flowers

HANDS-ON ACTIVITY

Build a Peach Orchard Sensory Tray



Materials:

- Brown rice or dirt
- Small pom-poms or orange play dough balls
- Leaves, sticks, rocks

Challenge: Can you create rows of peach trees and pretend to harvest peaches?

STEM CHALLENGE

Can you build the tallest peach tree?

Materials:

- Blocks
- Craft sticks
- Play dough

See how tall you can build your tree before it falls over!



CHALLENGE QUESTIONS

- 1 What is Georgia's nickname? _____
- 2 What is the capital city of Georgia? _____
- 3 What ocean borders Georgia? _____
- 4 What fruit is Georgia famous for? _____
- 5 What is Georgia's state bird? _____

CREATIVE PROMPT

Imagine you are visiting Georgia for one week. Draw some of the things you would like to see or do!



BONUS: Keep learning! Read together about Georgia's history, how peaches grow, how honey bees help pollinate plants, and the beautiful city of Savannah!

QUICK FACTS

-  Capital: Boise
-  Largest City: Boise
-  Nickname: The Gem State
-  State Bird: Mountain Bluebird
-  State Flower: Syringa (Mock Orange)
-  State Tree: Western White Pine
-  State Fruit: Huckleberry
-  State Gem: Star Garnet
-  State Insect: Idaho Giant Sally (Stonefly)
-  State Animal: Rocky Mountain Elk
-  State Reptile: Bullsnake
-  State Fish: Cutthroat Trout



IDAHO

The Gem State



STATE FLAG



Did you know?

Idaho was the 43rd state to join the United States on July 3, 1890.

FIND IDAHO

Can you locate Idaho on the map?



Neighboring States:

- Washington
- Oregon
- Nevada
- Utah
- Montana
- Wyoming



Bonus: Idaho is home to the deepest river gorge in North America – Hells Canyon!



WHAT MAKES IDAHO SPECIAL?

FAMOUS FOR:

-  Potatoes – Idaho produces more than any other state!
-  World-class skiing & snowboarding
-  Relaxing natural hot springs
-  Dairy farms
-  Wild Salmon

FAMOUS PLACES:



Hells Canyon (Deepest River Gorge) Shoshone Falls ("Niagara of the West") Lake Coeur d'Alene Sawtooth Mountains

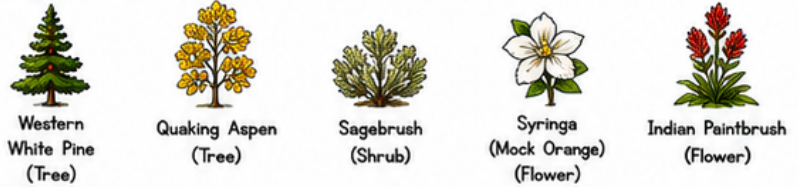
NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



Moose Mule Deer Mountain Goat Bighorn Sheep River Otter Bald Eagle

TREES & PLANTS:



Western White Pine (Tree) Quaking Aspen (Tree) Sagebrush (Shrub) Syringa (Mock Orange) (Flower) Indian Paintbrush (Flower)

HANDS-ON ACTIVITY

Make a Huckleberry Parfait!



Materials:

- Yogurt
- Granola
- Huckleberries
- Clear cup



Challenge:

Can you create layers in your parfait?

STEM CHALLENGE

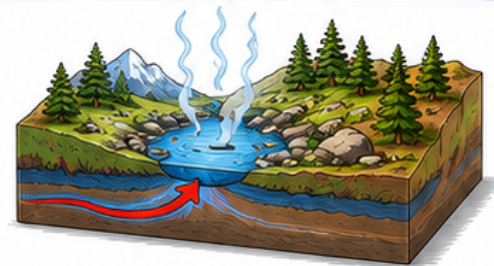
Idaho has many hot springs! Can you build a model hot spring?

Materials:

- Box or container
- Rocks
- Blue food coloring
- Cotton or paper
- Hot water (with adult help)

Challenge:

Show how hot water rises from underground to the surface!



CHALLENGE QUESTIONS

- 1 What is Idaho's nickname?
- 2 What is the capital of Idaho?
- 3 Which states border Idaho?
- 4 What is Idaho's state flower?
- 5 Name one famous place in Idaho.



CREATIVE PROMPT

Imagine you are visiting Idaho for one week. Draw some of the things you would like to see or do!



BONUS: Keep learning! Visit Craters of the Moon National Monument, Silverwood Theme Park, or explore Idaho's amazing state parks!



QUICK FACTS

-  Capital: Frankfort
-  Largest City: Louisville
-  Nickname: The Bluegrass State
-  State Bird: Cardinal
-  State Flower: Goldenrod
-  State Tree: Tulip Poplar
-  State Fruit: Blackberry
-  State Insect: Honey Bee

KENTUCKY

The Bluegrass State



STATE FLAG



Did you know?

Kentucky is known for its horse farms and the Kentucky Derby! It's also the birthplace of Abraham Lincoln.



FIND KENTUCKY

Can you locate Kentucky on the map?



Neighboring States:

- Indiana
- Ohio
- West Virginia
- Virginia
- Tennessee
- Missouri



Bonus: Kentucky has no coastline! Can you find the Gulf of Mexico and the Atlantic Ocean on the map?



WHAT MAKES KENTUCKY SPECIAL?

FAMOUS FOR:

-  Horse Racing (Kentucky Derby)
-  Bourbon
-  Basketball
-  Bluegrass Music
-  Mammoth Cave National Park

FAMOUS PLACES:



Churchill Downs (Louisville)

Mammoth Cave National Park

Abraham Lincoln Birthplace (Hodgenville)

NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



White-tailed Deer

Red Fox

Wild Turkey

Eastern Box Turtle

Bat

TREES & PLANTS:



Tulip Poplar (Tree)

Goldenrod (Flower)

Dogwood (Flower)

Big Bluestem (Grass)

Blackberry (Plant)

HANDS-ON ACTIVITY

Make a Bluegrass Sensory Bin



Materials:

- Green rice or grass filler
- Small toy horses
- Mini fences
- Small barrels or cups
- Rocks or wood slices
- Small container

Challenge:

Can you create a horse farm and racetrack in your bluegrass countryside?

STEM CHALLENGE

Can you build a stable for the horse?

Materials:

- Craft sticks or straws
- Blocks or cups
- Cardboard
- Tape or glue

Challenge:

Build a stable that is strong enough for your toy horse to stand inside!



How tall can your stable be?

CHALLENGE QUESTIONS

- 1 What is Kentucky's nickname? _____
- 2 What is the capital city of Kentucky? _____
- 3 What is Kentucky famous for every May? _____
- 4 What large cave system is in Kentucky? _____
- 5 What is Kentucky's state bird? _____

CREATIVE PROMPT

Imagine you are visiting Kentucky for one week. Draw some of the things you would like to see or do!



BONUS: Keep learning! Read about the Kentucky Derby, explore Mammoth Cave, try a mint julep recipe, and listen to some bluegrass music!



QUICK FACTS

-  Capital: Baton Rouge
-  Largest City: New Orleans
-  Nickname: The Pelican State
-  State Bird: Brown Pelican
-  State Flower: Magnolia
-  State Tree: Bald Cypress
-  State Fruit: Strawberry
-  State Gem: Agate
-  State Insect: Honey Bee

LOUISIANA

The Pelican State



STATE FLAG



Did you know?

Louisiana was the 18th state to join the United States on April 30, 1812!

FIND LOUISIANA

Can you locate Louisiana on the map?



Neighboring States:

- Arkansas
- Mississippi
- Texas
- Gulf of Mexico



Bonus: Louisiana is home to the Mississippi River Delta—one of the biggest deltas in North America!

WHAT MAKES LOUISIANA SPECIAL?

FAMOUS FOR:

-  Birthplace of Jazz
-  Delicious Cajun and Creole Cuisine
-  Mardi Gras Celebrations
-  Alligators in the Swamps
-  Oil & Natural Gas Industry

FAMOUS PLACES:



French Quarter (New Orleans)

Louisiana State Capitol (Baton Rouge)

Atchafalaya Basin (The Swamp)

NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



TREES & PLANTS:



HANDS-ON ACTIVITY

Make a Cajun Swamp Diorama!



Materials:

- Shoebox or tray
- Blue paper or paint
- Clay or playdough
- Small toy animals
- Moss or green paper
- Rocks or sticks

Challenge:

Can you create a scene from a Louisiana swamp?

STEM CHALLENGE

Can you build a levee to protect a town from flooding?

Materials:

- Clay or playdough
- Tray or shallow box
- Water
- Small blocks or toys
- Tape

Challenge:

Build a levee that keeps the water out!



How high is your levee?

CHALLENGE QUESTIONS

- 1 What is Louisiana's nickname? _____
- 2 What is the capital of Louisiana? _____
- 3 Which river forms much of Louisiana's border? _____
- 4 What is Louisiana famous for? _____
- 5 In what year did Louisiana become a state? _____

CREATIVE PROMPT

Imagine you are visiting New Orleans for Mardi Gras. Draw some of the things you would see or do!



BONUS: Keep learning! Visit the Atchafalaya Basin, explore New Orleans, and enjoy the unique culture and nature of Louisiana!



QUICK FACTS

-  **Capital:** Annapolis
-  **Largest City:** Baltimore
-  **Nickname:** The Old Line State
-  **State Bird:** Baltimore Oriole
-  **State Flower:** Black-eyed Susan
-  **State Tree:** White Oak
-  **State Fruit:** Blackberry
-  **State Insect:** Maryland Skipjack (Butterfly)

MARYLAND

The Old Line State



STATE FLAG



Did you know?

The first capital of the United States was in Annapolis, Maryland from 1783 to 1784!

FIND MARYLAND

Can you locate Maryland on the map?



Neighboring States:

- Pennsylvania
- West Virginia
- Virginia
- Delaware



Bonus: Maryland has more shoreline than any other state! Can you find the Atlantic Ocean and the Chesapeake Bay on the map?



WHAT MAKES MARYLAND SPECIAL?

FAMOUS FOR:

-  Blue Crabs
-  Sailing
-  Preakness Stakes (Pimlico Race Course)
-  Maryland's Famous Soft Crabs
-  USS Constellation (Baltimore)

FAMOUS PLACES:



National Aquarium (Baltimore) U.S. Naval Academy (Annapolis) Fort McHenry National Monument (Baltimore)

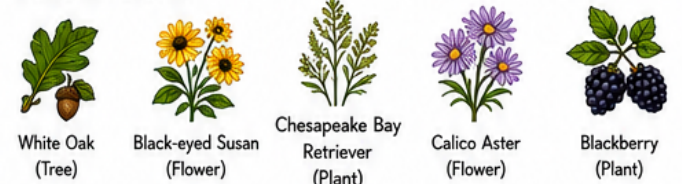
NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



White-tailed Deer Black Bear Great Blue Heron Raccoon Diamondback Terrapin (State Reptile)

TREES & PLANTS:



White Oak (Tree) Black-eyed Susan (Flower) Chesapeake Bay Retriever (Plant) Calico Aster (Flower) Blackberry (Plant)

HANDS-ON ACTIVITY

Make a Chesapeake Bay Diorama



Materials:

- Tray or shallow box
- Blue paper or paint
- Sand or small rocks
- Shells
- Plastic animals or clay figures
- Plants or twigs

Challenge:

Can you create a scene from the Chesapeake Bay?

STEM CHALLENGE

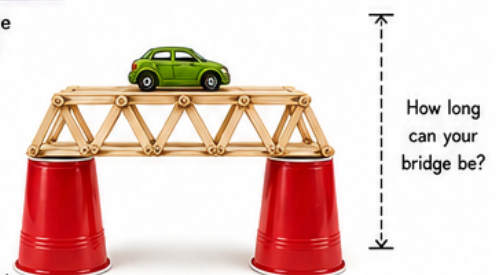
Can you build a bridge strong enough to hold a toy car?

Materials:

- Craft sticks or straws
- Tape or glue
- Blocks or cups
- Toy car

Challenge:

Build a bridge that is at least 30 cm (about a ruler's length) long and holds the car!



How long can your bridge be?

CHALLENGE QUESTIONS

- 1 What is Maryland's nickname? _____
- 2 What is the capital of Maryland? _____
- 3 What is Maryland's state bird? _____
- 4 Which body of water borders Maryland to the east? _____
- 5 What famous horse race takes place in Maryland every year? _____

CREATIVE PROMPT

Imagine you are visiting Maryland for one week. Draw some of the things you would like to see or do!



BONUS: Keep learning! Read about Francis Scott Key (who wrote "The Star-Spangled Banner" while at Fort McHenry).



QUICK FACTS

-  Capital: St. Paul
-  Largest City: Minneapolis
-  Nickname: The North Star State
-  State Bird: Common Loon
-  State Flower: Pink and White Lady's Slipper
-  State Tree: Red Pine
-  State Gem: Lake Superior Agate
-  State Insect: Monarch Butterfly
-  State Animal: White-tailed Deer
-  State Reptile: Painted Turtle
-  State Fish: Walleye
-  State Sport: Hockey

MINNESOTA

The Land of 10,000 Lakes



STATE FLAG



Did you know?

Minnesota has more shoreline than California, Florida, and Hawaii — combined!

FIND MINNESOTA

Can you locate Minnesota on the map?



Neighboring States:

- North Dakota
- South Dakota
- Wisconsin
- Iowa



Bonus: Minnesota is home to the headwaters of the Mississippi River at Lake Itasca!



WHAT MAKES MINNESOTA SPECIAL?

FAMOUS FOR:

-  Mall of America (Bloomington)
-  Hotdish
-  Prince (Musician)
-  Bob Dylan (Musician)
-  The Mayo Clinic
-  Strong work ethic and nice people!

FAMOUS PLACES:



NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



TREES & PLANTS:



HANDS-ON ACTIVITY

Make Your Own Birch Bark Canoe!



Materials:

- Birch bark (or brown paper)
- Small sticks
- Hot glue or tape
- String

Challenge:

Can you make a canoe that will float?

STEM CHALLENGE

Build a bridge that can hold a toy car!

Materials:

- Craft sticks
- Glue or tape
- Cardboard
- Small toy car

Challenge:

Can you build the strongest bridge?



CHALLENGE QUESTIONS

- 1 What is Minnesota's nickname?
- 2 What is the capital of Minnesota?
- 3 Which states border Minnesota?
- 4 What is Minnesota's state bird?
- 5 How many Great Lakes border Minnesota?



CREATIVE PROMPT

Imagine you are visiting Minnesota for one week. Draw some of the things you would like to see or do!



BONUS: Keep learning! Visit Voyageurs National Park, see the Northern Lights near the Canadian border, or enjoy a day of fishing on one of the many lakes!

QUICK FACTS

-  Capital: Jackson
-  Largest City: Jackson
-  Nickname: The Magnolia State
-  State Bird: Northern Mockingbird
-  State Flower: Magnolia
-  State Tree: Southern Magnolia
-  State Fruit: Blueberry
-  State Insect: Honey Bee

MISSISSIPPI

The Magnolia State



STATE FLAG



Did you know?

Mississippi was the 20th state to join the United States on December 10, 1817.



FIND MISSISSIPPI

Can you locate Mississippi on the map?



Neighboring States:

- Tennessee
- Alabama
- Louisiana
- Arkansas



Bonus: The mighty Mississippi River forms much of the western border of Mississippi!

WHAT MAKES MISSISSIPPI SPECIAL?

FAMOUS FOR:

-  Birthplace of the Blues
-  Mississippi Delta
-  Home of many famous authors (William Faulkner)
-  College Football Passion
-  Delicious Southern Food!

FAMOUS PLACES:



Mississippi State Capitol (Jackson)



Longwood (Natchez)



Gulf Islands National Seashore (Gulfport)

NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



White-tailed Deer



American Alligator



Raccoon



Great Blue Heron



Bobcat

TREES & PLANTS:



Magnolia (Flower)



Loblolly Pine (Tree)



Dogwood (Flower)



Goldenrod (Plant)



Blueberry (Fruit)

HANDS-ON ACTIVITY

Make a Mississippi River Diorama



Materials:

- Shoe box or tray
- Blue paper or paint
- Green paper or felt
- Small toy boat
- Clay or rocks
- Trees or cotton balls

Challenge:

Can you create a scene of the mighty Mississippi River?

STEM CHALLENGE

Can you build a bridge strong enough to hold a toy car?

Materials:

- Craft sticks or straws
- Tape or glue
- Blocks or cups
- Toy car

Challenge:

Build a bridge that is at least 30 cm (about a ruler's length) long and holds the car!



How long is your bridge?

CHALLENGE QUESTIONS

- 1 What is Mississippi's nickname? _____
- 2 What is the capital of Mississippi? _____
- 3 Which river forms much of Mississippi's western border? _____
- 4 What is the state flower of Mississippi? _____
- 5 Who is a famous author from Mississippi? _____

BONUS: Keep learning! Read about the blues, take a riverboat cruise, try some Southern cooking, and explore the great outdoors in Mississippi!

CREATIVE PROMPT

Imagine you are visiting Mississippi for one week. Draw some of the things you would like to see or do!

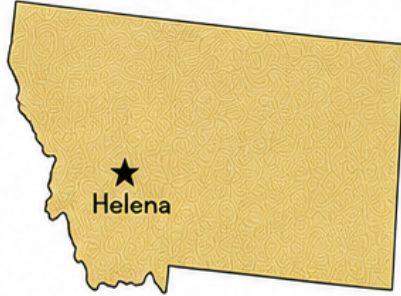


QUICK FACTS

-  Capital: Helena
-  Largest City: Billings
-  Nickname: The Treasure State
-  State Bird: Western Meadowlark
-  State Flower: Bitterroot
-  State Tree: Ponderosa Pine
-  State Fruit: Huckleberry
-  State Gem: Sapphire
-  State Insect: Mourning Cloak Butterfly
-  State Animal: Grizzly Bear
-  State Reptile: Western Painted Turtle
-  State Fish: Cutthroat Trout

MONTANA

The Treasure State



STATE FLAG



Did you know?

Montana was the 41st state to join the United States on November 8, 1889.

FIND MONTANA

Can you locate Montana on the map?



Neighboring States:

- Idaho
- Wyoming
- South Dakota
- North Dakota



Bonus: Montana is home to Glacier National Park, known as the "Crown of the Continent"!



WHAT MAKES MONTANA SPECIAL?

FAMOUS FOR:

-  Gold & Silver Mining History
-  Rodeos & Western Culture
-  World-Class Fishing
-  Stunning Scenery & Wide Open Spaces
-  Yellowstone National Park

FAMOUS PLACES:



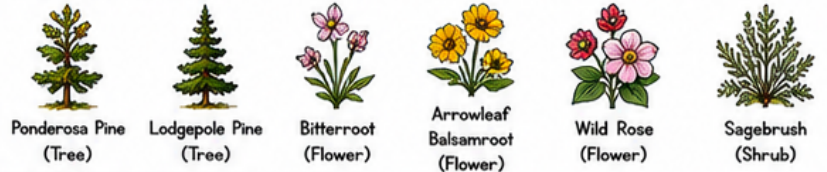
Glacier National Park
Yellowstone National Park (part)
Going-to-the-Sun Road
Beartooth Highway

NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



TREES & PLANTS:



HANDS-ON ACTIVITY

Pan for Gold!



Materials:

- Pan or shallow bowl
- Sand or dirt
- Water
- Small rocks

Challenge:

Can you find the pretend gold in your pan?



STEM CHALLENGE

Can you build a strong log cabin like early Montana settlers?

Materials:

- Small sticks or craft sticks
- Glue
- Cardboard base

Challenge:

Build a cabin that can hold a small book on top!



CHALLENGE QUESTIONS

- 1 What is Montana's nickname?
- 2 What is the capital of Montana?
- 3 Which states border Montana?
- 4 What is Montana's state flower?
- 5 Name one national park in Montana.



CREATIVE PROMPT

Imagine you are visiting Montana for one week. Draw some of the things you would like to see or do!



BONUS: Keep learning! Visit Montana's amazing places—Glacier National Park, Yellowstone National Park, Flathead Lake, and the Lewis & Clark Caverns!



QUICK FACTS

-  Capital: Carson City
-  Largest City: Las Vegas
-  Nickname: The Silver State
-  State Bird: Mountain Bluebird
-  State Flower: Sagebrush
-  State Tree: Single-Leaf Pinyon Pine
-  State Fruit: Wild Horse Tomato
-  State Gem: Turquoise
-  State Insect: Honey Bee
-  State Animal: Desert Bighorn Sheep
-  State Reptile: Desert Tortoise

NEVADA

The Silver State



STATE FLAG



Did you know?

Nevada was the 36th state to join the United States on October 31, 1864.

FIND NEVADA

Can you locate Nevada on the map?



Neighboring States:

- Oregon
- Idaho
- Utah
- Arizona
- California



Bonus: Nevada is home to Area 51, a top-secret U.S. Air Force facility!



WHAT MAKES NEVADA SPECIAL?

FAMOUS FOR:

-  The Bright Lights of Las Vegas
-  Hoover Dam
-  Gold & Silver Mining History
-  Area 51
-  Basque Culture in Elko
-  Reno – "The Biggest Little City in the World"

FAMOUS PLACES:



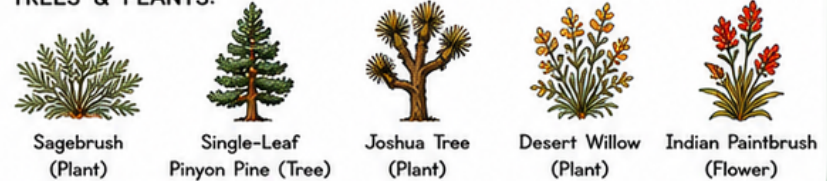
Las Vegas Strip (Las Vegas) Hoover Dam (Black Canyon) Lake Tahoe (Minden)

NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



TREES & PLANTS:



HANDS-ON ACTIVITY

Mine for "Silver"!



Materials:

- Pan or bowl
- Sand or dirt
- Small rocks
- Aluminum foil (for "silver")
- Water

Challenge:

Can you find the hidden "silver" in your mine?

STEM CHALLENGE

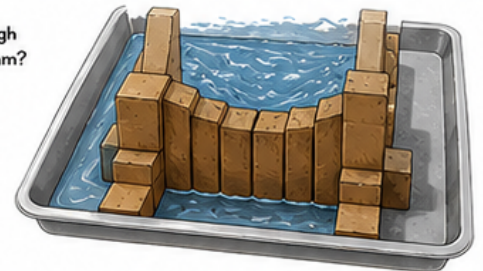
Can you build a dam strong enough to hold back water like Hoover Dam?

Materials:

- Blocks or cardboard
- Tape or glue
- Plastic container or tray
- Water

Challenge:

Build a dam that holds back the water without breaking!



CHALLENGE QUESTIONS

- 1 What is Nevada's nickname?
- 2 What is the capital of Nevada?
- 3 Which river is dammed by Hoover Dam?
- 4 What desert plant is Nevada's state flower?
- 5 Name one famous place to visit in Nevada!

BONUS: Keep learning! Visit Great Basin National Park, explore Red Rock Canyon, ski at Lake Tahoe, and try your luck in Las Vegas!

CREATIVE PROMPT

Imagine you are visiting Nevada for one week. Draw some of the things you would like to see or do!



QUICK FACTS

-  Capital: Santa Fe
-  Largest City: Albuquerque
-  Nickname: The Land of Enchantment
-  State Bird: Greater Roadrunner
-  State Flower: Yucca Flower
-  State Tree: Piñon Pine
-  State Fruit: Chile Pepper
-  State Gem: Turquoise
-  State Insect: Honey Bee
-  State Reptile: Whiptail Lizard

NEW MEXICO

The Land of Enchantment



STATE FLAG



Did you know?

New Mexico was the 47th state to join the United States on January 6, 1912.

FIND NEW MEXICO

Can you locate New Mexico on the map?



Neighboring States:

- Colorado
- Oklahoma
- Texas
- Arizona
- Utah



Bonus: New Mexico is one of the "Four Corners" states—the only state bordered by four other states!

WHAT MAKES NEW MEXICO SPECIAL?

FAMOUS FOR:

-  The world's largest hot air balloon festival
-  Delicious red and green chile
-  White Sands National Park
-  A rich Native American and Hispanic culture
-  Georgia O'Keeffe, famous artist
-  Roswell—famous UFO stories!

FAMOUS PLACES:



Albuquerque International Balloon Fiesta



White Sands National Park



Carlsbad Caverns National Park

NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



Mule Deer



Black Bear



Coyote



Roadrunner



Whiptail Lizard

TREES & PLANTS:



Piñon Pine (Tree)



Yucca (Flower)



Chile Pepper (Plant)



Apache Plume (Flower)



Four O'Clock (Flower)

HANDS-ON ACTIVITY

Make a New Mexico Sand Art Bottle!



Materials:

- Clear bottle or jar
- Colored sand or salt
- Funnel
- Small scoop or spoon

Challenge:

Can you layer the sand to create a desert scene? What colors will you use?

STEM CHALLENGE

Can you build a windmill that can pump water like they use on farms and ranches?

Materials:

- Craft sticks or straws
- Cardboard
- Tape or glue
- Small cup
- String and a paper pinwheel

Challenge:

Build a windmill that can lift a small cup of water using the wind (or a fan)!



How high can your windmill lift the water?

CHALLENGE QUESTIONS

- 1 What is New Mexico's nickname?
- 2 What is the capital of New Mexico?
- 3 Which state borders New Mexico to the north?
- 4 What is the state flower of New Mexico?
- 5 Name one famous place to visit in New Mexico!

CREATIVE PROMPT

Imagine you are visiting New Mexico for one week. Draw some of the things you would like to see or do!



BONUS: Keep learning! Visit Carlsbad Caverns, explore Native American culture at Chaco Culture National Historical Park, and enjoy the beauty of New Mexico!



QUICK FACTS

-  Capital: Raleigh
-  Largest City: Charlotte
-  Nickname: The Tar Heel State
-  State Bird: Northern Cardinal
-  State Flower: Flowering Dogwood
-  State Tree: Pine Tree
-  State Fruit: Scuppernong Grape
-  State Insect: Honey Bee

NORTH CAROLINA

The Tar Heel State



FIND NORTH CAROLINA

Can you locate North Carolina on the map?



Neighboring States:

- Virginia
- Tennessee
- Georgia
- South Carolina



Bonus: North Carolina has a long coastline! Can you find the Atlantic Ocean on the map?



Did you know?

North Carolina was one of the original 13 colonies and the first state to declare independence from Great Britain!



WHAT MAKES NORTH CAROLINA SPECIAL?

FAMOUS FOR:

-  Tobacco
-  Home of Basketball
-  NASCAR Racing
-  Furniture Making
-  Research Triangle (Powerful tech & innovation hub)

FAMOUS PLACES:



Biltmore Estate (Asheville) Cape Hatteras Lighthouse (Buxton) Great Smoky Mountains (National Park)

NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



Black Bear White-tailed Deer Wild Turkey Bottlenose Dolphin Sea Turtle

TREES & PLANTS:



Pine Tree Flowering Dogwood Rhododendron (Pink) Eastern Red Cedar Scuppernong Grape

HANDS-ON ACTIVITY

Make a Mountain Scene Sensory Bin



- Materials:**
- Blue rice or water beads
 - Rocks
 - Pinecones
 - Moss or green filler
 - Small animal figures

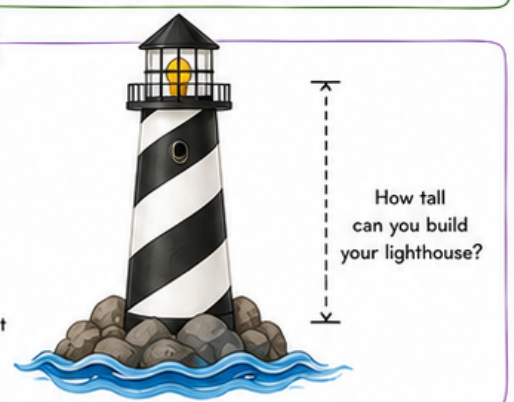
Challenge:
Can you build a mountain scene and pretend to go hiking in North Carolina?

STEM CHALLENGE

Can you build the tallest lighthouse?

- Materials:**
- Cardboard tubes
 - Blocks or cups
 - Construction paper
 - Tape
 - Scissors

Test your lighthouse to see if it can stand tall like the real Cape Hatteras Lighthouse!



How tall can you build your lighthouse?

CHALLENGE QUESTIONS

- 1 What is North Carolina's nickname? _____
- 2 What is the capital city of North Carolina? _____
- 3 What ocean borders North Carolina? _____
- 4 What is the state bird of North Carolina? _____
- 5 What famous racing event is held in North Carolina? _____

CREATIVE PROMPT

Imagine you are visiting North Carolina for one week. Draw some of the things you would like to see or do!



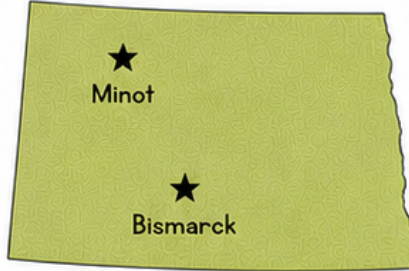
BONUS: Keep learning! Read about the Wright brothers from Kitty Hawk, the Blue Ridge Mountains, and why the Outer Banks are so special!

QUICK FACTS

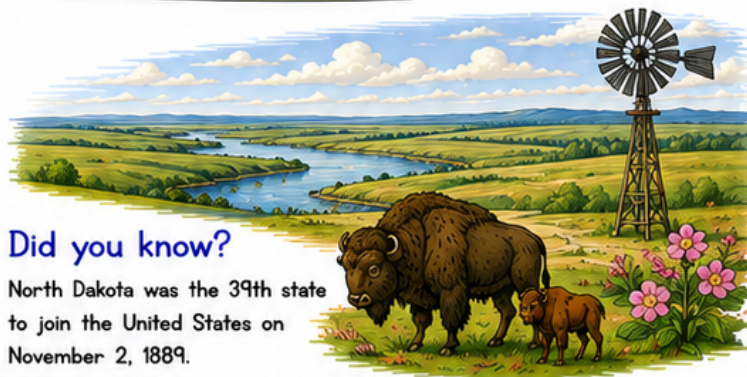
-  Capital: Bismarck
-  Largest City: Fargo
-  Nickname: The Peace Garden State
-  State Bird: Western Meadowlark
-  State Flower: Wild Prairie Rose
-  State Tree: Anokecherry
-  State Gem: Petrified Wood
-  State Insect: Honey Bee
-  State Animal: Bison
-  State Reptile: Painted Turtle
-  State Fish: Walleye
-  State Sport: Ice Fishing

NORTH DAKOTA

The Peace Garden State



STATE FLAG



Did you know?

North Dakota was the 39th state to join the United States on November 2, 1889.

FIND NORTH DAKOTA

Can you locate North Dakota on the map?



Neighboring States:

- Montana
- South Dakota
- Minnesota



Bonus: North Dakota leads the nation in the production of sunflower seeds!



WHAT MAKES NORTH DAKOTA SPECIAL?

FAMOUS FOR:

-  Theodore Roosevelt National Park
-  World-class wheat production
-  Fort Union Trading Post National Historic Site
-  Lewis & Clark Expedition
-  Strong communities and friendly people!

FAMOUS PLACES:



NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



TREES & PLANTS:



HANDS-ON ACTIVITY

Grow Your Own Sunflower!



Materials:

- Small pot or cup
- Potting soil
- Sunflower seeds
- Water

Challenge:

Can you grow the tallest sunflower?

STEM CHALLENGE

Design a windmill that can lift a small weight!

Materials:

- Paper or cardstock
- Straws or sticks
- Tape or glue
- String
- Small weight (like a washer)

Challenge:

Build a windmill and test how much weight it can lift!



CHALLENGE QUESTIONS

1. What is North Dakota's nickname?
2. What is the capital of North Dakota?
3. Which states border North Dakota?
4. What is North Dakota's state bird?
5. Name one national park in North Dakota.



CREATIVE PROMPT

Imagine you are visiting North Dakota for one week. Draw some of the things you would like to see or do!



BONUS: Keep learning! Visit Theodore Roosevelt National Park, ice fish on Devils Lake, or explore the International Peace Garden!

QUICK FACTS

-  Capital: Oklahoma City
-  Largest City: Oklahoma City
-  Nickname: The Sooner State
-  State Bird: Scissor-tailed Flycatcher
-  State Flower: Oklahoma Rose
-  State Tree: Eastern Redbud
-  State Fruit: Blackberry
-  State Insect: Honey Bee
-  State Gem: Oklahoma Green (Chrysoptase)

OKLAHOMA

The Sooner State



STATE FLAG



Did you know?

Oklahoma was the 46th state to join the United States on November 16, 1907.



FIND OKLAHOMA

Can you locate Oklahoma on the map?



Neighboring States:

- Kansas
- Missouri
- Arkansas
- Texas
- New Mexico
- Colorado



Bonus: Oklahoma is one of the leading states in cattle production and is rich in energy resources!

WHAT MAKES OKLAHOMA SPECIAL?

FAMOUS FOR:

-  Cowboys and Rodeos
-  Country Music
-  Historic Route 66
-  The home of many Native American cultures and history
-  "Tornado Alley"

FAMOUS PLACES:



Oklahoma State Capitol (Oklahoma City)



Beavers Bend State Park



National Cowboy & Western Heritage Museum (Oklahoma City)

NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



White-tailed Deer



American Bison



Wild Turkey



Coyote



Gray Squirrel

TREES & PLANTS:



Eastern Redbud (Tree)



Oklahoma Rose (Flower)



Indian Blanket (Flower)



Switchgrass (Grass)



Blackberry (Fruit)

HANDS-ON ACTIVITY

Make a Mini Tornado in a Bottle!



Materials:

- 2 plastic bottles
- Tape
- Water
- Glitter (optional)

Challenge:

Can you create a tornado vortex in your bottle?
What makes it spin?

STEM CHALLENGE

Can you build a bridge strong enough to hold a toy truck?

Materials:

- Craft sticks or straws
- Tape or glue
- Blocks or cups
- Toy truck

Challenge:

Build a bridge that is at least 30 cm (about a ruler's length) long and holds the truck!



How long is your bridge?

CHALLENGE QUESTIONS

- 1 What is Oklahoma's nickname? _____
- 2 What is the capital of Oklahoma? _____
- 3 Which state bird represents Oklahoma? _____
- 4 When did Oklahoma become a state? _____
- 5 Name one famous place to visit in Oklahoma! _____

CREATIVE PROMPT

Imagine you are visiting Oklahoma for one week. Draw some of the things you would like to see or do!



BONUS: Keep learning! Visit the Chickasaw National Recreation Area, explore Route 66, and enjoy the many adventures Oklahoma has to offer!



QUICK FACTS

-  Capital: Salem
-  Largest City: Portland
-  Nickname: The Beaver State
-  State Bird: Western Meadowlark
-  State Flower: Oregon Grape
-  State Tree: Douglas-fir
-  State Fruit: Marionberry
-  State Gem: Sunstone
-  State Insect: Oregon Swallowtail
-  State Marine Animal: Gray Whale
-  State Reptile: Western Pond Turtle

OREGON

The Beaver State



STATE FLAG



Did you know?

Oregon was the 33rd state to join the United States on February 14, 1859.

FIND OREGON

Can you locate Oregon on the map?



Neighboring States:

- Washington
- Idaho
- California
- Nevada



Bonus:

Oregon is home to more than 360 miles of beautiful Pacific coastline!

WHAT MAKES OREGON SPECIAL?

FAMOUS FOR:

-  Crater Lake
-  The Oregon Trail History
-  Craft Beer & Breweries
-  Nike (Founded in Oregon)
-  Hazelnuts
-  Books & Independent Spirit

FAMOUS PLACES:



Crater Lake National Park Multnomah Falls Mount Hood Cannon Beach (Haystack Rock)

NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



Black Bear Elk Bald Eagle River Otter Roosevelt Elk

TREES & PLANTS:



Douglas-fir (Tree) Bigleaf Maple (Tree) Oregon Grape (Flower) Red Trillium (Flower) Sitka Spruce (Tree)

HANDS-ON ACTIVITY

Make a Pinecone Bird Feeder!



Materials:

- Pinecone
- Peanut butter
- Birdseed
- String

Challenge:

Can you hang your feeder outside and see what birds visit it?

STEM CHALLENGE

Can you build a bridge strong enough to cross a "river"?

Materials:

- Craft sticks or straws
- Tape or glue
- Small weights (coins or blocks)

Challenge:

Build a bridge that is at least 20 cm (about 8 inches) long and holds the most weight!



How strong is your bridge?

CHALLENGE QUESTIONS

- 1 What is Oregon's nickname?
- 2 What is the capital of Oregon?
- 3 Which states border Oregon?
- 4 What is the state flower of Oregon?
- 5 Name one national park or landmark in Oregon!

CREATIVE PROMPT

Imagine you are visiting Oregon for one week. Draw some of the things you would like to see or do!



BONUS: Keep learning! Visit Crater Lake National Park, hike in the Columbia River Gorge, and explore Oregon's many amazing places!

QUICK FACTS

-  Capital: Columbia
-  Largest City: Charleston
-  Nickname: The Palmetto State
-  State Bird: Carolina Wren
-  State Flower: Yellow Jessamine
-  State Tree: Sabal Palm
-  State Fruit: Peach
-  State Insect: Firefly

SOUTH CAROLINA

The Palmetto State



STATE FLAG



Did you know?

South Carolina was the first state to name the palmetto tree and the crescent moon on its flag!

FIND SOUTH CAROLINA

Can you locate South Carolina on the map?



Neighboring States:

- North Carolina
- Georgia
- Coastal Atlantic Ocean



Bonus: South Carolina has beautiful beaches! Can you find the Atlantic Ocean?



WHAT MAKES SOUTH CAROLINA SPECIAL?

FAMOUS FOR:

-  Beautiful Beaches
-  Historic Charm & Southern Hospitality
-  Golf (The "Golf Capital of the World")
-  Peaches
-  Boeing Aircraft Manufacturing

FAMOUS PLACES:



Charleston Historic District (Charleston) Myrtle Beach Boardwalk (Myrtle Beach) Fort Sumter National Monument (Charleston Harbor)

NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



TREES & PLANTS:



HANDS-ON ACTIVITY

Make a Beach Sensory Bin



Materials:

- Blue rice or water beads
- Sand
- Seashells
- Ocean animals
- Small container

Challenge:

Can you create a beach scene and pretend to explore the coast?

STEM CHALLENGE

Can you build a lighthouse that can stand on its own?

Materials:

- Cardboard tube
- Blocks or cups
- Construction paper
- Tape
- Scissors

Test your lighthouse by placing it on a "rocky shore" (paper or rocks) and see if it stays standing!



How tall can you build your lighthouse?

CHALLENGE QUESTIONS

- 1 What is South Carolina's nickname? _____
- 2 What is the capital city of South Carolina? _____
- 3 Which ocean is next to South Carolina? _____
- 4 What tree is on South Carolina's state flag? _____
- 5 What is South Carolina famous for that's on its beaches? _____

CREATIVE PROMPT

Imagine you are visiting South Carolina for one week. Draw some of the things you would like to see or do!



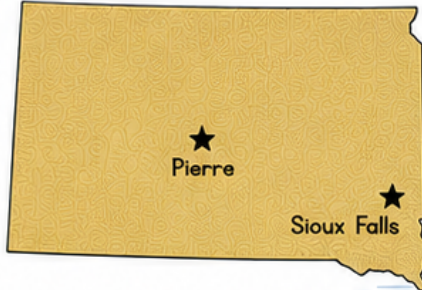
BONUS: Keep learning! Read about Fort Sumter, the birthplace of the Carolina wren, the history of Charleston, and how sea turtles are protected on the beaches!

QUICK FACTS

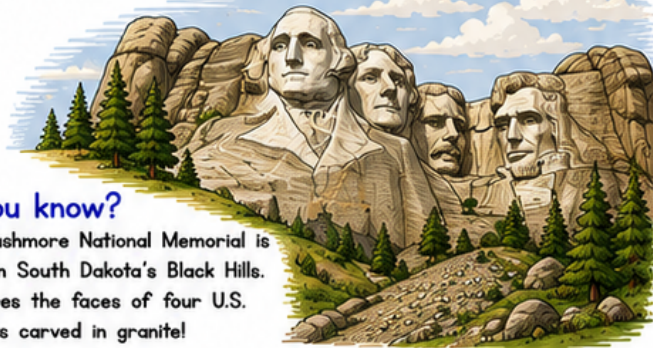
-  Capital: Pierre
-  Largest City: Sioux Falls
-  Nickname: The Mount Rushmore State
-  State Bird: Ring-necked Pheasant
-  State Flower: Pasque Flower
-  State Tree: Black Hills Spruce
-  State Gem: Fairburn Agate
-  State Insect: Honey Bee
-  State Animal: Coyote
-  State Reptile: Bullsnake
-  State Fish: Walleye
-  State Sport: Rodeo

SOUTH DAKOTA

The Mount Rushmore State



STATE FLAG



Did you know?

Mount Rushmore National Memorial is located in South Dakota's Black Hills. It features the faces of four U.S. presidents carved in granite!

FIND SOUTH DAKOTA

Can you locate South Dakota on the map?



Neighboring States:

- North Dakota
- Minnesota
- Iowa
- Nebraska
- Wyoming
- Montana



Bonus: South Dakota is home to Badlands National Park—famous for its unique rock formations and fossil discoveries!



WHAT MAKES SOUTH DAKOTA SPECIAL?

FAMOUS FOR:

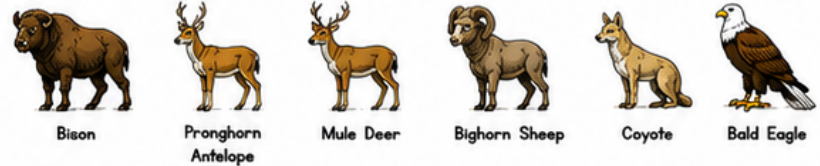
-  Mount Rushmore National Memorial
-  Badlands National Park
-  Sturgis Motorcycle Rally
-  Custer State Park & Wildlife Loop
-  Corn Palace in Mitchell
-  Friendly people and wide-open spaces!

FAMOUS PLACES:



NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



TREES & PLANTS:



HANDS-ON ACTIVITY

Make a South Dakota Agate Rock Discovery!



Materials:

- Rock or clay
- Brown, orange, and white paint or markers
- Paintbrush
- Magnifying glass (optional)

Challenge:

Can you create your own agate rock design?

STEM CHALLENGE

Design and build a strong bridge to span a canyon!

Materials:

- Craft sticks or skewers
- Glue or tape
- Cardboard base
- Small toy car

Challenge:

Build a bridge that can hold the toy car and span the gap!



CHALLENGE QUESTIONS

1. What is South Dakota's nickname?
2. What is the capital of South Dakota?
3. Which state bird is found in South Dakota?
4. Name one national park located in South Dakota.
5. How many bordering states does South Dakota have?



CREATIVE PROMPT

Imagine you are visiting South Dakota for one week. Draw some of the things you would like to see or do!



BONUS: Keep learning! Visit South Dakota's amazing places—Wind Cave National Park, Jewel Cave National Monument, Custer State Park, and the Black Hills!

QUICK FACTS

-  Capital: Nashville
-  Largest City: Memphis
-  Nickname: The Volunteer State
-  State Bird: Northern Mockingbird
-  State Flower: Iris
-  State Tree: Tulip Poplar
-  State Fruit: Tomato
-  State Insect: Firefly



STATE FLAG



Did you know?

Tennessee was the 16th state in the United States and was named after the Cherokee word "Tanasi," which means "the meeting place."



FIND TENNESSEE

Can you locate Tennessee on the map?



Neighboring States:

- Kentucky
- Virginia
- North Carolina
- Georgia
- Alabama
- Mississippi
- Arkansas, Missouri (touch at the northwest tip)



Bonus: Tennessee has no coastline! Can you find the Gulf of Mexico and the Atlantic Ocean on the map?



WHAT MAKES TENNESSEE SPECIAL?

FAMOUS FOR:

-  Country Music (Home of Country Music)
-  Graceland (Elvis Presley's Home)
-  The Great Smoky Mountains
-  Barbecue
-  Automobile Manufacturing

FAMOUS PLACES:



Country Music Hall of Fame (Nashville) Graceland (Memphis) Great Smoky Mountains National Park

NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



TREES & PLANTS:



HANDS-ON ACTIVITY

Make a Smoky Mountains Sensory Bin



Materials:

- Green rice or moss
- Rocks
- Pinecones
- Toy animals
- Blue rice or beads
- Small trees

Challenge:

Can you build your own Smoky Mountains adventure scene?

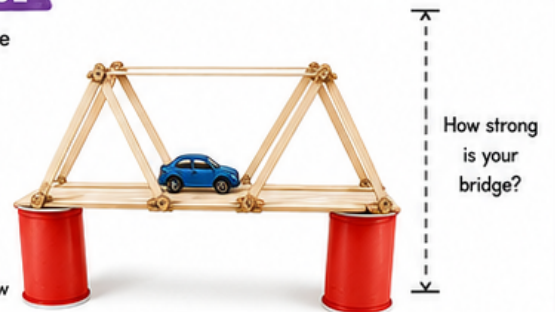
STEM CHALLENGE

Can you build a bridge like the one at Chattanooga?

Materials:

- Craft sticks or straws
- Blocks or cups
- Tape or glue
- Small toy cars

Test your bridge to see how much weight it can hold!



How strong is your bridge?

CHALLENGE QUESTIONS

- 1 What is Tennessee's nickname? _____
- 2 What is the capital city of Tennessee? _____
- 3 Which mountain range is in Tennessee? _____
- 4 What kind of music is Tennessee famous for? _____
- 5 What is the state flower of Tennessee? _____

CREATIVE PROMPT

Imagine you are visiting Tennessee for one week. Draw some of the things you would like to see or do!



BONUS: Keep learning! Read together about the Trail of Tears, the volunteers from Tennessee who helped in many U.S. wars, and why the Smoky Mountains are one of the most visited national parks!

QUICK FACTS

-  Capital: Austin
-  Largest City: Houston
-  Nickname: The Lone Star State
-  State Bird: Northern Mockingbird
-  State Flower: Bluebonnet
-  State Tree: Pecan
-  State Fruit: Ruby Red Grapefruit
-  State Insect: Monarch Butterfly
-  State Mammal: Texas Longhorn
-  State Gem: Blue Topaz

TEXAS

The Lone Star State 



STATE FLAG



The Alamo, San Antonio

Did you know?

Texas was the 28th state to join the United States on December 29, 1845.

FIND TEXAS

Can you locate Texas on the map?



Neighboring States:

- Oklahoma
- Arkansas
- Louisiana
- New Mexico



Bonus: Texas is bigger than any other state in the contiguous United States!



WHAT MAKES TEXAS SPECIAL?

FAMOUS FOR:

-  Cowboys and Rodeos
-  NASA's Johnson Space Center
-  Friday Night Lights
-  Delicious Texas BBQ
-  Live Country Music

FAMOUS PLACES:



The Alamo (San Antonio) Texas State Capitol (Austin) Space Center Houston

NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



TREES & PLANTS:



HANDS-ON ACTIVITY

Make a Texas Scene in a Box!



- Materials:**
- Shoebox or box
 - Blue paper (sky)
 - Brown/green paper or paint (land)
 - Small toys or figures
 - Rocks, sand, or twigs
 - Glue
- Challenge:**
- Can you create a scene from a Texas ranch, desert, or river?

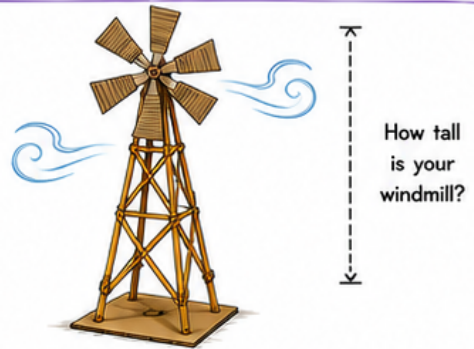
STEM CHALLENGE

Can you build a tall windmill that can stand strong?

- Materials:**
- Straws or sticks
 - Tape or glue
 - Cardboard
 - Paper
 - Small cup or bottle cap

Challenge:

Build a windmill that is at least 30 cm (about a ruler's length) tall and has blades that spin!



CHALLENGE QUESTIONS

1. What is Texas's nickname? _____
2. What is the capital of Texas? _____
3. Which river forms much of the border between Texas and Mexico? _____
4. What was the name of the battle fought at the Alamo? _____
5. Name one famous place in Texas. _____

CREATIVE PROMPT

Imagine you are visiting Texas for one week. Draw some of the things you would like to see or do!



BONUS: Keep learning! Visit Big Bend National Park, explore the beaches of the Gulf Coast, and enjoy everything Texas has to offer!



QUICK FACTS

-  Capital: Salt Lake City
-  Largest City: Salt Lake City
-  Nickname: The Beehive State
-  State Bird: California Gull
-  State Flower: Sego Lily
-  State Tree: Blue Spruce
-  State Fruit: Cherry
-  State Gem: Topaz
-  State Insect: Honey Bee
-  State Reptile: Gila Monster



STATE FLAG



Did you know?

Utah was the 45th state to join the United States on January 4, 1896.

FIND UTAH

Can you locate Utah on the map?



Neighboring States:

- Idaho
- Wyoming
- Colorado
- Arizona
- Nevada



Bonus: Utah is home to 5 incredible National Parks!



WHAT MAKES UTAH SPECIAL?

FAMOUS FOR:

-  The "Greatest Snow" on Earth
-  Skiing & Snowboarding
-  Stunning Red Rock Landscapes
-  Pioneer History
-  The Salt Lake
-  Bonneville Salt Flats

FAMOUS PLACES:



Arches National Park Great Salt Lake Temple Square (Salt Lake City)

NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



Mule Deer Rocky Mountain Elk Bighorn Sheep Pronghorn Antelope Golden Eagle

TREES & PLANTS:



Blue Spruce (Tree) Quaking Aspen (Tree) Sagebrush (Shrub) Segoe Lily (Flower) Indian Paintbrush (Flower)

HANDS-ON ACTIVITY

Make a Beehive Craft!



Materials:

- Yellow paper or yarn
- Cardboard or cup
- Scissors
- Glue
- Black paper
- Googly eyes (optional)



Challenge:

Can you create a beehive that looks like it's buzzing with bees?

STEM CHALLENGE

Can you build a strong arch like the ones in Arches National Park?

Materials:

- Small blocks or stones
- Cardboard
- Tape or glue

Challenge:

Build an arch that can stand on its own! How wide can your arch be?



How wide can your arch be?

CHALLENGE QUESTIONS

- 1 What is Utah's nickname?
- 2 What is the capital of Utah?
- 3 Which states border Utah?
- 4 How many National Parks are in Utah?
- 5 What is the state flower of Utah?



CREATIVE PROMPT

Imagine you are visiting Utah for one week. Draw some of the things you would like to see or do!



BONUS: Keep learning! Visit Utah's Mighty 5 National Parks, explore Antelope Island, and discover the amazing beauty of Utah!

QUICK FACTS



Capital: Richmond



Largest City: Virginia Beach



Nickname: The Old Dominion State



State Bird: Northern Cardinal



State Flower: Dogwood



State Tree: Flowering Dogwood



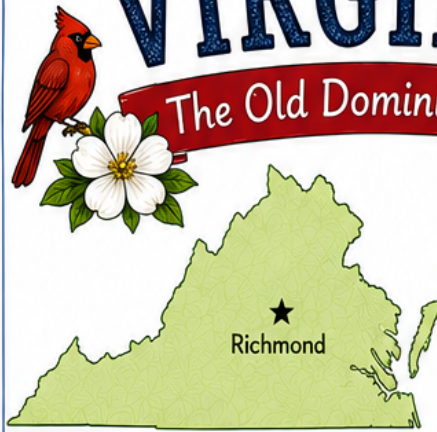
State Fruit: Peach



State Insect: Tiger Swallowtail (Butterfly)

VIRGINIA

The Old Dominion State



STATE FLAG



Did you know?

Virginia was the first permanent English colony in America, founded in 1607 at Jamestown!



FIND VIRGINIA

Can you locate Virginia on the map?



Neighboring States:

- Maryland
- West Virginia
- Kentucky
- Tennessee
- North Carolina



Bonus: Virginia has more than 4,000 miles of shoreline! Can you find the Atlantic Ocean on the map?



WHAT MAKES VIRGINIA SPECIAL?

FAMOUS FOR:



Jamestown (First permanent English colony)



Mount Vernon (George Washington's home)



Bluegrass Music



Virginia Peanuts



Civil War History

FAMOUS PLACES:



Jamestown Settlement



Mount Vernon (Alexandria)



Virginia Beach Oceanfront

NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



White-tailed Deer



Black Bear



Bald Eagle



River Otter



Box Turtle

TREES & PLANTS:



Flowering Dogwood (Tree)



Eastern Redbud (Tree)



American Holly



Virginia Pine



Peach Blossom

HANDS-ON ACTIVITY

Make a Colonial Virginia Diorama



Materials:

- Shoe box or tray
- Craft sticks
- Small figures
- Blue paper or paint
- Rocks or pebbles
- Glue
- Markers or crayons

Challenge:

Can you recreate a Jamestown settlement scene?

STEM CHALLENGE

Can you build a bridge strong enough to hold toy people?

Materials:

- Craft sticks or straws
- Tape or glue
- Blocks or cups
- Toy people or coins

Challenge:

Build a bridge that spans the gap and holds as many toy people as possible!



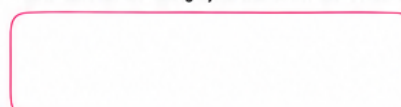
How long can your bridge be?

CHALLENGE QUESTIONS

- 1 What is Virginia's nickname? _____
- 2 What is the capital city of Virginia? _____
- 3 Which ocean is next to Virginia? _____
- 4 What is the state flower of Virginia? _____
- 5 In what year was Jamestown founded? _____

CREATIVE PROMPT

Imagine you are visiting Virginia for one week. Draw some of the things you would like to see or do!



BONUS: Keep learning! Visit Colonial Williamsburg, explore Shenandoah National Park, or enjoy a day at the beach in Virginia Beach!



QUICK FACTS

-  Capital: Olympia
-  Largest City: Seattle
-  Nickname: The Evergreen State
-  State Bird: American Goldfinch
-  State Flower: Coast Rhododendron
-  State Tree: Western Hemlock
-  State Fruit: Apple
-  State Gem: Petrified Wood
-  State Insect: Green Darner Dragonfly
-  State Marine Animal: Orca Whale
-  State Reptile: Painted Turtle
-  State Sport: Golf

WASHINGTON



STATE FLAG



Did you know?

Washington was the 42nd state to join the United States on November 11, 1889.

FIND WASHINGTON

Can you locate Washington on the map?



Neighboring States:

- Idaho
- Oregon



Bonus: Washington has more than 3,000 miles of rivers and is home to 3 National Parks!



WHAT MAKES WASHINGTON SPECIAL?

FAMOUS FOR:

-  Coffee (Starbucks was founded in Seattle!)
-  Boeing Airplanes
-  Microsoft
-  Apple Orchards
-  Salmon Fishing
-  Grunge Music
-  The Space Needle

FAMOUS PLACES:



NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



TREES & PLANTS:



HANDS-ON ACTIVITY

Build a Mini Volcano (Mount Rainier)!



Materials:

- Small bowl
- Paper or clay
- Paint
- Baking soda
- Vinegar
- Food coloring (optional)



Challenge:

Can you make your volcano "erupt"?

STEM CHALLENGE

Can you build the Space Needle out of everyday materials?

Materials:

- Toothpicks or straws
- Small paper cup
- Tape or glue
- Cardboard

Challenge:

Build a tower as tall as you can that can stand on its own!



How tall can you make your Space Needle?



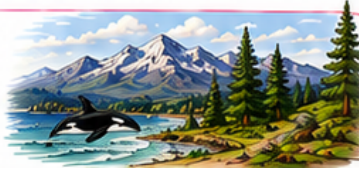
CHALLENGE QUESTIONS

1. What is Washington's nickname?
2. What is the capital of Washington?
3. Which states border Washington?
4. What is the state flower of Washington?
5. Name one National Park that is in Washington.



CREATIVE PROMPT

Imagine you are visiting Washington for one week. Draw some of the things you would like to see or do!



BONUS: Keep learning! Visit places like Pike Place Market, the Columbia River Gorge, and the San Juan Islands!



QUICK FACTS

-  Capital: Charleston
-  Largest City: Charleston
-  Nickname: The Mountain State
-  State Bird: Northern Cardinal
-  State Flower: Rhododendron
-  State Tree: Sugar Maple
-  State Fruit: Golden Delicious Apple
-  State Insect: Honey Bee



STATE FLAG



Did you know?

West Virginia is one of the most forested states in the U.S.—more than 77% of the state is covered in forests!

FIND WEST VIRGINIA

Can you locate West Virginia on the map?



Neighboring States:

- Ohio
- Pennsylvania
- Virginia
- Kentucky
- Maryland



Bonus: West Virginia is the only state that is completely within the Appalachian Mountains!



WHAT MAKES WEST VIRGINIA SPECIAL?

FAMOUS FOR:

-  Coal Mining History
-  Whitewater Rafting on the New River
-  Home of Basketball (Naismith was born here!)
-  Bluegrass Music
-  Beautiful Mountains and Forests

FAMOUS PLACES:



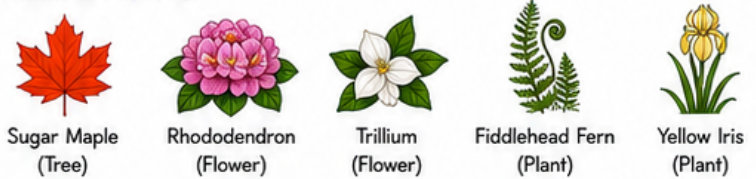
New River Gorge National Park & Preserve Seneca Caverns (Richwood) West Virginia State Capitol (Charleston)

NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



TREES & PLANTS:



HANDS-ON ACTIVITY

Make a Mountain Sensory Bin



Materials:

- Green split peas or rice
- Rocks
- Pinecones
- Small trees or twigs
- Blue beads or stones
- Animal figures

Challenge:

Can you build a mountain landscape and create a river for the animals?

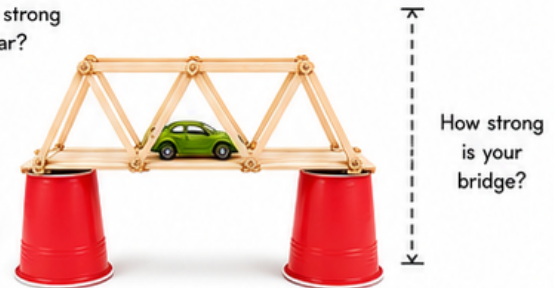
STEM CHALLENGE

Can you build a bridge strong enough to hold a toy car?

Materials:

- Craft sticks or straws
- Tape or glue
- Blocks or cups
- Toy car

Test your bridge and see if it can hold the car without falling down!



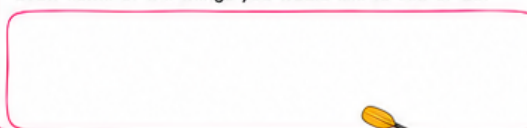
How strong is your bridge?

CHALLENGE QUESTIONS

- 1 What is West Virginia's nickname? _____
- 2 What is the capital city of West Virginia? _____
- 3 Which river is famous for whitewater rafting in West Virginia? _____
- 4 What is the state flower of West Virginia? _____
- 5 What mountain range runs through West Virginia? _____

CREATIVE PROMPT

Imagine you are visiting West Virginia for one week. Draw some of the things you would like to see or do!



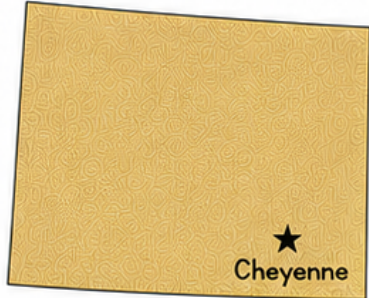
BONUS: Keep learning! Read about the New River Gorge Bridge, the Hatfield & McCoy history, and the many outdoor adventures West Virginia has to offer!

QUICK FACTS

-  Capital: Cheyenne
-  Largest City: Cheyenne
-  Nickname: The Equality State
-  State Bird: Western Meadowlark
-  State Flower: Indian Paintbrush
-  State Tree: Plains Cottonwood
-  State Mammal: Bison
-  State Gem: Jade
-  State Insect: Mormon Cricket
-  State Reptile: Horned Lizard
-  State Fish: Cutthroat Trout
-  State Sport: Rodeo

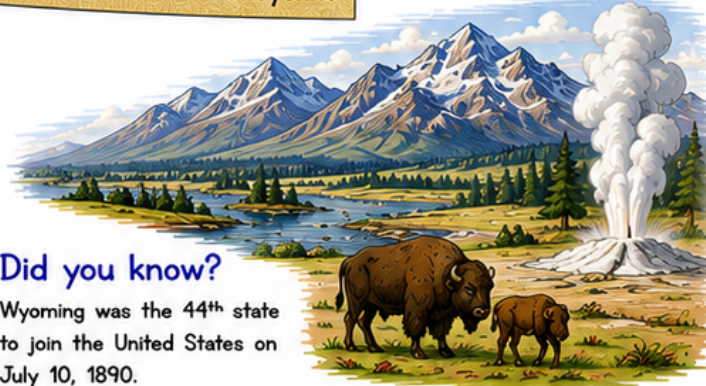
WYOMING

The Equality State



Cheyenne

STATE FLAG



Did you know?

Wyoming was the 44th state to join the United States on July 10, 1890.

FIND WYOMING

Can you locate Wyoming on the map?



Neighboring States:

- Montana
- South Dakota
- Nebraska
- Colorado
- Utah
- Idaho



Bonus: Wyoming is home to Yellowstone National Park—the world's first national park!



WHAT MAKES WYOMING SPECIAL?

FAMOUS FOR:

-  Yellowstone National Park
-  Grand Teton National Park
-  World-class Rodeos
-  Energy Production (Oil, Natural Gas, Coal, Wind)
-  Wide Open Spaces & Beautiful Scenery

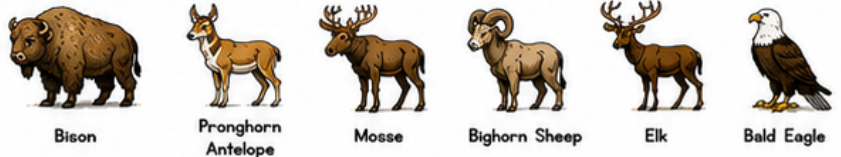
FAMOUS PLACES:



Yellowstone National Park (Old Faithful) Grand Teton National Park Devils Tower National Monument Bighorn Canyon National Recreation Area

NATURE EXPLORER

ANIMALS YOU MIGHT FIND:



TREES & PLANTS:



HANDS-ON ACTIVITY

Make a Fossil!



Materials:

- Air-dry clay
- Shell or leaf
- Water
- Paint (optional)



Challenge:

Can you make a fossil print and explain how fossils are formed?

STEM CHALLENGE

Can you design a windmill that can lift a small weight?

Materials:

- Paper or cardboard
- Straws
- Tape or glue
- Small weight (like a washer)

Challenge:

Build a windmill and test how strong your design is!



CHALLENGE QUESTIONS

- 1 What is Wyoming's nickname?
- 2 What is the capital of Wyoming?
- 3 Which states border Wyoming?
- 4 What is Wyoming's state bird?
- 5 Name one famous national park in Wyoming.



CREATIVE PROMPT

Imagine you are visiting Wyoming for one week. Draw some of the things you would like to see or do!



BONUS: Keep learning! Visit Wyoming's amazing places—explore national parks, see incredible wildlife, and enjoy the wide open spaces of the Cowboy State!